

Fluid
FIRST AID

Learner Practical Assessment Guide

HLTAID001

Provide Cardiopulmonary Resuscitation

Document Version 2.0



PRACTICAL ASSESSMENT ACTIVITIES

Title (<i>Mr, Mrs, Dr etc</i>)		
Name (<i>as it appears on USI Register</i>)		
Contact details	phone:	
	email:	
USI number		
Unit Name	HLTAID001 Provide Cardiopulmonary Resuscitation	
Date of assessment		
Learner Declaration Learning and Assessment.	By signing below, I declare that: I can complete the physical requirements of the assessment activities. I authorise the RTO to obtain any registered USI number or discuss any issues with the USI office if required. I have been provided with access to the online learning and Assessment material	
	Signature of Learner	Date

PRACTICAL ASSESSMENTS

LEARNER INSTRUCTIONS

You are to complete a series of practical assessments based on real life scenarios that you may come across in your workplace. These will be completed during the face-to-face practical workshop component of this unit. You will be required to demonstrate the application of emergency first aid skills in a simulated workplace or community incidents.

Your assessor will use the observation checklists contained in this section of the Assessment Guide to assess your performance as satisfactory or not yet satisfactory. You may refer to the Checklists during the trainer's explanation and demonstration of the activity and while practicing the task, however, to ensure the assessment simulates a real life first aid response, you will be unable to reference it while demonstrating your skills in the assessment task.

To achieve competency for the unit, you must complete all tasks satisfactorily. If you do not achieve this on the first attempt, your assessor will ensure you have the time to practice the task again and will observe you when you feel confident to undertake the assessment again.

If you have any learning or physical needs that make completing these tasks difficult, please discuss with your trainer at the beginning of class to establish any reasonable adjustments we can make to facilitate you completing the task.

However, please note we cannot adjust the need to perform CPR as outlined as follows:

- Uninterrupted CPR for at least 2 minutes on an adult manikin placed on the floor
- Uninterrupted CPR infant manikin placed on a firm surface.

ASSESSMENT TASK 1

MANAGING AN UNCONSCIOUS CASUALTY

LearnerInstructions: You have been called to someone in your workplace who is unconscious on the floor but still breathing. You are to demonstrate:

1. The initial primary assessment steps including D, R, S, A & B
2. effective management of the unconscious breathing casualty.

Your assessor will use the Checklist below to record the outcomes of the observation.

LearnerName:		
Observation Checklist		
The learner demonstrated the following:	Attempts S/NS	
	First	Second
DANGER - Assessed scene and identified potential dangers/hazards in a workplace situation and possible control measures.		
RESPONSE - used talk and touch method to elicit a response.		
SEND - Called 000 or delegated task to bystander, got help from others, sent for equipment - AED, first aid kit, PPE etc.		
AIRWAY - checked for potential blockage in mouth. No blockage found.		
BREATHING - checked for evidence of normal breathing by: <ul style="list-style-type: none"> • Opening airway using head tilt and chin lift method. • Assessing for signs of normal breathing for approx. 10 seconds by: <ol style="list-style-type: none"> a. looking across the chest for consistent rise and fall b. listening and feeling for air escaping from the nose and mouth • Identified that the casualty is breathing normally 		
Rolled the casualty onto their side by: <ul style="list-style-type: none"> • preparing the body with closest arm across the chest, other arm out of the way, closest knee up and pushing body away by the knee and shoulder • using safe manual handling technique - both knees on the ground, positioned close to weight with back straight • minimising twisting and maintaining alignment of the casualty's neck and spine. 		
Managed unconscious breathing casualty once on their side by: <ul style="list-style-type: none"> • opening airway and face slightly toward ground without twisting neck. • checking for breathing again and perform head-to-toe examination to look for other injuries • Treating for shock by covering with a blanket, jackets or suitable alternative. 		
Assessment Outcome		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
Feedback to Candidate		
Assessor Name		
Assessor Signature		

ASSESSMENT TASK 2

ADULT CPR & DEFIBRILLATION

LearnerInstructions: While waiting for an ambulance the casualty you treated in the previous task appears to have stopped breathing. You are to perform uninterrupted single rescuer CPR for minimum of 2 minutes (5 cycles of 30 compressions: 2 breaths) on an ADULT manikin on the floor. You to enlist help to retrieve and operate an AED. During the rescue you must coordinate a rotation of CPR rescuers with minimal disruption to CPR. Finally, you must accurately convey the details of the incident to the emergency response services.

Your assessor will use the Checklist below to record the outcomes of the observation.

Learners name:		
Observation Checklist		
The learner demonstrated the following	Attempts S/NS	
	First	Second
Position casualty on their back on the floor with your knees either side of their shoulder, hands locked together and positioned in the centre of the chest (lower half of the sternum), leaning over chest and locking elbows.		
Performed compressions - compressing one third chest depth at rate of 100-120 per minute with equal time for compression and relaxation, including full recoil of chest.		
Performed rescue breaths by: <ul style="list-style-type: none"> correctly positioning a face shield over the casualty's face full head tilt and chin lift blocking nose with fingers, making a seal around mouth with lips, give normal breath out for around one second until chest rises. turning face toward casualty's chest momentarily to watch for fall of chest then repeat. 		
Performed rotation of rescuers with minimal delays (countdown 10 compressions or second rescuer start compressions after your 2 rescue breaths)		
Operated and applied an AED correctly by: <ul style="list-style-type: none"> turning the AED on following audible prompts to apply electrode pads on clear bare skin where indicated while CPR is continued by another rescuer ensuring the safety of all bystanders to cease CPR and stand clear when the AED directs 		
Accurately conveyed incident details to emergency response services including times, condition of casualty and known history, first aid provided and changes in condition.		
Assessment Outcome		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
Feedback to Candidate		
Assessor Name		
Assessor Signature		

ASSESSMENT TASK 3

INFANT CPR & VERBAL REPORT

LearnerInstructions: A distressed parent is holding a baby who appears lifeless. They scream out for help.

You are to follow DRSABC, performing uninterrupted infant CPR for minimum of 2 minutes (5 cycles of 30 compressions: 2 breaths), respond to regurgitation during CPR and finally give a verbal report of the incident to your "supervisor" (the trainer).

Your assessor will use the Checklist below to record the outcomes of the observation

Learners name:		
Observation Checklist		
The learner demonstrated the following	Attempts S/NS	
	First	Second
DANGER - Assessed scene and identified potential dangers/hazards in a workplace situation and possible control measures.		
RESPONSE - used talk and touch method to elicit a response.		
SEND - Called 000 or delegated tasks to bystander, got help from others, sent for equipment - AED, first aid kit, PPE etc.		
AIRWAY - check and identify a potential blockage and roll the infant to clear it with one finger sweep.		
BREATHING - checked for evidence of normal breathing by: <ul style="list-style-type: none"> Opening airway with lift of the chin Assessing for signs of normal breathing for approx. 10 seconds by: <ol style="list-style-type: none"> looking across the chest for consistent rise and fall listening for strange breathing sounds/patterns feeling the chest for consistent up and down movement Identified that the infant casualty is not breathing normally 		
Positioned infant casualty on firm surface (table/bench/floor)		
Performed compressions - Two fingers placed along the lower half of the sternum, compressing 1/3 chest depth at rate of 100-120 per minute.		
Performed rescue breaths by <ul style="list-style-type: none"> supporting chin with NO head tilt made a seal around their mouth and nose with your lips. giving two small puffs of air and looking for chest rise turning head toward chest momentarily between puffs 		
Responded to vomiting by turning casualty onto their side and sweeping the mouth.		
Gave an accurate verbal report of the incident, including date, time of incident, known details of the casualty, condition of casualty and first aid provided.		
Assessment Outcome		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
Feedback to Candidate		
Assessor Name		
Assessor Signature		

RECORD OF ASSESSMENT OUTCOME

Your assessor will use this Form to record the outcome of all of your assessments and to show if you have reached competency.

Candidate Name			
Unit	HLTAID001 Provide Cardiopulmonary Resuscitation		
Qualification			
Assessor			
		Satisfactory	Not Yet Satisfactory
The candidate has satisfactorily completed:			
Online Written Assessment		<input type="checkbox"/>	<input type="checkbox"/>
Practical Assessment Tasks 1 --		<input type="checkbox"/>	<input type="checkbox"/>
Overall, the candidate was assessed as: Competent <input type="checkbox"/> Not Yet Competent <input type="checkbox"/>			
The following gaps have been identified as requiring further training and skills development prior to re-assessment:			
Feedback to candidate:			
The candidate has been provided with feedback and informed of the assessment result and the reasons for the decision.			
Signature of Assessor:		Date	
Signature of Learner:		Date	